The e-Book

JOURNEY OF SELF-DISCOVERY

- Unearth your Talent, Purpose and GREATNESS

ChinyereDistinguished Anoke
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INTRODUCTION



Oladipupo My name is Osofowora. I help individuals the essentials of master visibility, peak performance and productivity, so as to earn profitably from their talent, skills, experience, knowledge and expertise, and also gain competitive edge in life and business.

From experience, I have come to realize that the path to greatness and living beyond ourselves is Self-Discovery. This is why I setup the "Journey of Self-Discovery" virtual seminar, and now e-Book, to enlighten and help you discover yourself,

unearth your purpose and live beyond yourself.

Recently, someone asked me, "What is self-discovery?" I decided to act like a typical Nigerian who answers questions with questions, so we had the following conversation. Let's call her Tracy (not real name).

Me: Who are you?

Tracy: My name is Tracy and I don't understand your question.

Me: You should be able to state clearly who you are. What do you do?

Tracy: I'm a student

Me: Asides being a student, what do you do?

Tracy: Nothing

Me: What are you passionate about?

Tracy: I can't state specifically what I'm passionate about. I only know I love to gist?

Me: What are your talents?

Tracy: Talents? I don't even know that too.

Me: Okay Tracy, self-discovery is about knowing who you are in depth. The greatest ignorance is ignorance of one's self. You've got to know your talents, your capabilities and what you stand for...

This is what this e-Book is about. To help you discover who you are deep within. It is time to know who you are and what you stand for. I want you to die fully assured that you gave your all to life. I want you to die empty.

Be audacious. We are not here to be ordinary!

Oladipupo Osofowora

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I am ChinyereDistinguished Lydia Anoke, a passionate intentional lady with a burning desire to live out all that God has deposited in me for the benefit of mankind and ultimately for His Glory. It is my desire and passion to see young adults overcome self-limiting doubts, take full responsibility for their decisions and actions and live a life of Excellence without limits.

In my short stay on earth, I have come to realize that the two top questions we find most challenging to answer are:

- Who are you?
- What do you do?

As simple as these questions look, you can't rightly answer them without deep introspection. And introspection is the root of Self-discovery.

Self-discovery enlightens and empowers you to unearth your purpose, dispel limiting beliefs, take responsibility for your choices and actions and, live a life of Excellence without limits!

I am committed to your self-discovery because I want you to reach for your dreams and live without limits. This is why I readily accepted Oladipupo's request to put together



this webinar and now e-Book. I believe this will help you discover your talents (if you haven't discovered them yet), purpose and unearth your greatness.

What you owe yourself is to read, learn and apply what you find in this treasure chest presented in an easily accessible e-Book.

In this e-Book, you will:

- Discover your talents and gifts
- Unearth your purpose
- Dispel limiting beliefs
- Live beyond yourself

It is for anyone and everyone who desires to live a life of Excellence without limits.

We are not here to be ordinary!

ChinyereDistinguished Anoke

www.distinguishedlives.wordpress.com

What The Webinar Attendees Are Saying

Thanks to the organizers of this life changing webinar. God bless you big time.
- Engraced Sam

I'd be an ingrate if I don't say thank you for the seminar you put up with your friend. It was an eye-opener for me. To say it was wonderful would be an understatement. Though I could not follow during the class, but when I sat down to read through I was wowed. I was glued to my seat for over one hour and when I stood up it was a different me altogether.

Thanks for using your gift to bless the world. This is just the beginning. You'll increase to become a force the world reckon with. Thanks once again. God bless you.

- Goodness-Mercy

I never imagined that there is a lot we could talk about on self-discovery. I wondered for a while what we would spend 3-4 hours talking about, but overall this platform was effective. Every moment was engaging, the speakers were professional. **Oladipupo**, I admire the man in you. Thanks for putting up this platform and making it easily accessible. Our dear **Distinguished**, you're a blessing to this world and am glad that I can benefit from this blessing. Thanks to everyone who showed up, the turn up was great.

- Teatee

I'm not new to self-discovery; I have paid a lot for seminars and events like this. I strongly believe that youths of today will know this comes on a platter of gold for them. Thumbs up to the organizers of this platform unlike many groups where immorality and all sorts of jargon were being discussed. Once again God bless you and refill you OLA and Distinguished

- Adewale

Thank you so much for this amazing session. I got something tangible from it. Looking forward to the e-book.

- Olutola Comfort

Before We Talk About Self-Discovery

Before we talk about Self-discovery, we will like to congratulate and celebrate every one of you that signed up for the Self-discovery virtual seminar and/or downloaded and now reading this e-book. This is proof that you are interested in and committed to your personal development.

It is also proof that you don't want to live and die as a mere statistic; you desire to live your life to the fullest and positively impact the lives of others as well. We celebrate and congratulate you for taking this giant step!

From the intros we got during the webinar, we noticed that most of the attendees are undergraduates, which is a good thing. Outstanding students are curious, voracious readers who are always looking for the best and most effective ways of solving problems or addressing a need. As it is, anyone who wants to go far in life and do exploits must have the mind-set of an outstanding student. A mind-set that is ever willing to learn, unlearn and relearn.

So it doesn't matter if you are an undergraduate or an over graduate (lol). Life is a school so we all need the mind-set of an outstanding student to stand out in all our endeavours.

One favour we will ask of you before we proceed to chapter one is this - please TAKE OFF YOUR CAPS.

Your cap is whatever previous knowledge you may have about **Self-discovery** and every other thing we will discuss in this e-book. Reason is, if you keep your cap on, you will not be able to fully assimilate and benefit from all we are going to discuss about and around this subject.

You have taken the giant step to get this. Please make the most of it by being fully present and willing to learn and relearn and, also unlearn what is not beneficial to where you need to be in life.

A full vessel cannot take in more content. So please empty your mind of whatever previous knowledge or mind-set you have about Self-Discovery.

Once again, congratulations for taking this giant step! We appreciate and celebrate you.

Now, fasten your seat belts let's get started on this journey.

Oladipupo Osofowora

ChinyereDistinguished Anoke

What Is Self-Discovery And Why Is It Important?

When I posed this question during the webinar, I got some great responses from the participants. I share them with you below:

Tobiloba Samson: Self-discovery in my own view can be seen as identifying yourself and knowing who you are.

Seun: Self-discovery is simply discovering what God has deposited in you.

Joe Cee: In my own opinion and little understanding, Self-discovery is the process of identifying your potentials and special ability(ies).

Engraced Sam: Self-discovery is self-realization, self-awareness, self-knowledge about who we really are.

All the above are correct. According to the American English Dictionary, *Self-discovery* is "a becoming aware of one's true potential, character, motives, etc."

Also, Merriam Webster dictionary defines *Self-discovery* as "the act or process of gaining knowledge or understanding of your abilities, character, and feelings."

One thing stands out from all these definitions which is the two key words that make up the word Self-discovery - SELF and DISCOVERY.

- 1. SELF this means this is something you have to do by yourself.
- 2. DISCOVERY this means you have to search it out. Most times, it is not something you will find on the surface if you don't pay particular attention to find it.

So in my own words, Self-discovery is the process of looking inwards to draw out the resources that are embedded INSIDE you which you have hitherto neglected, overlooked or taken for granted.

Read that again.

Self-discovery requires introspection.

When you avoid the process of self-discovery, you are basically in denial of the real you. You may appear to be functioning alright, but deep down, you are simmering underneath, feeling dissatisfied and unfulfilled. Good thing a lot of us reading this, undergraduates and otherwise, are young adults. It is easier and better for us to discover ourselves now and make a U-turn if we are going in the wrong direction; that is the direction opposite the person we are created to be deep within.

Let me share some bits of my story with you. I spent 5 years studying hard for a 4-year course. And even though I eventually graduated as the second Best Graduating student from my department, Computer Science, I still can't write a line of code to save my life. I'm so bad at programming that I can't write simple "Hello World" in any programming language without first doing a mini-research.

Knowing what I know now, I wouldn't have bothered going for the course, because truth is, nobody pushed me into it. I chose it because studying Computer Science in the prestigious University of Nigeria Nsukka sounded 'cool' (wrong reason). Now I know better, so I spend no time on regrets or on pursuing stuffs just because they sound "cool". May 2017 makes it exactly a year I resigned my job at Tezza Business Solutions and Wemabank where I was outsourced as a Software Test Analyst/QA. Today, I am happier and more fulfilled in my job as a Content Developer.

If you find yourself in a similar shoe, trust me, you don't have to completely quit your job to pursue your passion; some people are able to combine both even if the two paths are worlds apart. You can also quit one to pursue the other like I did, if you can't

combine the two; the choice is yours. The most important thing is to create wealth and find fulfilment while doing so.

If you are yet to gain admission or are already a student studying a course you're not passionate about, well, the earlier you discover and follow through with your innate passion, the better.

There is a quote I heard back in my uni-days. Can't remember the exact place or person I heard it from, but it goes like this: "God has not blessed anyone with everything, but He has blessed everyone with something." And this is so true. You may be looking at someone else and dreaming, wishing to be him or her, but unknown to you, you have great assets that also makes others wish or desire to be you. Good news is, we all have these great assets! Like the parable of the talents, we have all been gifted with talents. Talents that are capable of making us rulers of cities, if we find, utilise and invest them wisely. But we cannot make maximum use of this (these) talents if we don't even know they exist. And this is the place of self-discovery.

Some people on the other hand, have discovered these talents but they are not maximizing them yet. They are not excelling beyond limits yet. They still have a lot of 'buts' because, they are letting fear and doubts hinder them. Dispelling these limiting doubts is not the focus of this chapter. Our focus in this chapter is for you to find yourself first, then we will take it from there.

Self-Discovery

One of my favourite quotes is a quote by Kofi Annan. It says: "To live is to choose. But to choose well, you must know who you are and what you stand for, where you want to go and why you want to get there"

How many of us know:

- Who we are.

- What we stand for
- Where we want to go and
- Why we want to get there.

To answer these questions, you need serious introspection. And introspection is the root of Self-discovery. I believe we all know the popular saying, "what you are looking for in Sokoto, is right there in your sokoto (trousers)". This literally means that what you are looking for in some distant land, is right there inside you. Within reach. But often times we don't know this because our eyes and minds are expecting it to come from somewhere else. This analogy is so true for self-discovery. The solution to our dissatisfaction, lack of fulfilment and even lack of funds is right there within us! If only we will look inwards and find it.

Self-Discovery is so important and covers every area of our lives. But for the focus of this e-book (which is the same thing we discussed during the virtual webinar), we are focussing on **Career self-discovery**. This is because, man (this includes both genders) must work, formally or informally.

Career self-discovery is very critical to our fulfilment here on earth. Most of us reading this are either students, graduates or just about getting into the university. And if you are like who I used to be, you studied or are studying a particular course for some wrong reasons: Example,

- It is what my parents want me to study.
- My friends are all studying the same or similar courses.
- This course will be more financially rewarding in the job market
- Etc.

If you are already a graduate or currently studying a course you have little or no passion for, don't panic. You can make a switch like I did. But before you make a switch, you have to switch for the right reasons. This is where self-discovery comes to play. Particularly self-discovery on the career/business path that is most suitable for you. Why? Because self-discovery enlightens and empowers you to make a more informed decision.

Why Is Self-Discovery Important?

We have defined/explained what Self-discovery is. I also believe that from what I have said so far, you are beginning to understand why Self-discovery is important. Do you agree with me?

Like I said earlier, it is possible to combine your job, which may not be your innate passion, alongside your vocation which is your innate passion. Or you can choose to leave your job to concentrate on your vocation. This is for those who have discovered their vocation (talents, skills, fittings, natural flair, calling... whichever you call it), through Self-discovery. Whichever one you choose, what is important is for you to create wealth and find fulfilment while doing so.

That said, I'll advocate for you and anyone else to major in their vocation. My reason is this, there will definitely be various forms and degrees of stress on whichever path you choose. But life is sweeter when you can combine your skill/natural flair/passion, with your profession. This is why it is critical to find and follow what which is more suitable for you through self-discovery.

Steve Jobs has this to say about why it is important for your work to be what you love:

"Your work is going to fill a huge part of your life and the only way to be truly satisfied is to do what you believe is great work. And the only way to do great work is to love what you do. If you haven't found it yet, keep looking and don't settle. As with all matters of the heart, you will know when you find it. And like any great relationship, it just gets better and better as the years roll on." – Steve Job

I totally agree with this.

Now Self-Discovery is not a one day or one instant thing. It is a JOURNEY. A PROCESS. It gets clearer as we pay more attention to ourselves. And the right time to start that journey, if you haven't started yet, is NOW!!!

As you know, we keep evolving. Your favourite food as a kid is probably still not your favourite food today. But while we evolve, some patterns remain. That is who we are deep within. Actions they say speak louder than words; and patterns speak louder than actions. Studying these patterns will help you discover who you are deep inside.

The most dangerous risk of all is the risk of spending your life not doing what you want on the bet that you can buy yourself the freedom to do it later. Give no room for procrastination – the greatest thief of time!

Patterns And Tips To Self-Discovery

What have you always loved to do as a child? What have you always dreamed to become before life happened and you started editing and stifling your dreams? What have you often found yourself with a natural flair for and even expertise skill, without having to undergo some special training for it?

Take time and discuss with yourself, you will see these patterns. For me, it has always been writing. But I didn't recognize it for what it was till recently. I didn't even realize it was a gift, skill or talent. How could I? Growing up, only music inclined skills were acknowledged as talents. I could neither sing, dance nor play any musical instrument. So I practically felt gift-less. Whenever I hear "if you have any special talents please come out," I will *jejely* sit tight on my seat and pray no one even notices I am in the room.

Thank God for self-discovery, today I know better!

One of the benefits I have reaped from finding, embracing and maximizing who I am the real me, is that I am here sharing this with you. You did not attend the webinar and/or download this e-book because I have a good degree in Computer Science. But because I have embraced my calling as a writer and content developer.

Let me quickly draw out a point before I continue on self-discovery - You are not yet in your field of innate calling, does not mean you should fail in your current field. Some of those who signed up for the self-discovery virtual webinar did so because, even though I spent 5 years studying a 4-year-course which wasn't my passion and sounded like Greek to me most of the time, I still came out as the second Best graduating student from my department when I eventually graduated. So dear students, whatever you are studying, please give it your best. No knowledge is a waste. And it will someday come in handy for you, whatever career/business path you choose. This also goes for anyone who is in a job that he/she is not enjoying or has no passion for.

That said. Whatever you do. It is paramount that you find yourself by paying close attention to who you are deep inside. The journey of self-discovery will expose both your strengths and weaknesses. And this will help you to:

- focus on your strengths and harness them fully to live a life of limitless exploits.
- Stop focusing your energy on your areas of weaknesses.

For me I had to stop trying so hard to fit into the choir. Singing is not my thing and I tried so hard to fit in. Today I know better so I channel that time and energy to my areas of strength.

God has deposited immense value and heavy assets in us all. It is our responsibility to undergo the journey of self-discovery to find these out in order to live beyond ourselves and add value to other lives as others too are adding values to our lives.

"The best way to find yourself is to lose yourself in the service of others."

- Mahatma Gandhi

"The essence of self-discovery is not for us to become selfish or self-absorbed. It is for us to become more self-aware and know how best to utilize our God-given gifts for the benefit of mankind and ultimately, to the Glory of God."

- ChinyereDistinguished Anoke

"The light and value we carry, is not just for ourselves. But also for the lives that are attached to us. We will be doing God, ourselves and the rest of humanity a great disservice if we never go on the journey of self-discovery and live out who we truly are."

- ChinyereDistinguished Anoke

The next chapter will go in-depth on how we can discover who we are deep inside. Before that, let us look at some frequently asked questions (FAQs) from what we have talked about in this chapter.

Frequently Asked Questions (FAQs)

Question: What is the difference between self-discovery and knowing God's will? Do the two relate or contradict each other?

Answer: The two do not contradict each other. God is our creator and for us to truly discover what He has created us for, we have to go back to Him and ask questions. Same way you can't maximise and utilise all the functionalities of a product without consulting the user guide or following the manufacturer's instructions.

While we ask God such deep questions, we need solitude to pay attention to God. God will often ask us like he asked Moses - what do you have in your hand?

This is where self-discovery comes to play. God will talk to us, but if we don't pay attention. We will keep looking elsewhere instead of inwards.

Question: I want to ask a question as per our interest as kids. Don't you think stuffs like that are just child's play and are not worth going into?

Answer: It depends on how you see it. This is why I say you should look out for patterns. Patterns persist. We don't outgrow them. Even if we don't follow through with them as we imagined as kids.

Let me give you an example with myself. As a kid, I have always wanted to be a teacher. Reason was because I loved all my nursery and primary school teachers. Between the time I went through secondary school and was about to go into the university, I had so many other career interests due to several other reasons.

Of course I didn't study an education course in the university because that dream had died, or so I thought... Fast-forward to today, I still find myself teaching others. I organize pep talks right from when I was in school till date. Anything I know, I just find myself teaching others, unsolicited.

So you see the teaching pattern reflecting. Even though I am not in the core teaching line.

Question: How does self-discovery go in line with discovering purpose?

Answer: You see, this issue of purpose is over flogged and now a lot of people get confused because they are fixated on finding their "one true purpose". Let me de-mystify that for you.

Purpose is not necessarily a specific career or profession as some people assume. Our general purpose is to serve and please our maker wherever we are with ALL that He has given us. Now this is where Self-discovery comes to play. You have to find out these gifts/talents or whatever you choose to call it and USE IT for His Glory.

It doesn't matter where you are. Your purpose. Our purpose. Is to glorify our God with all He has deposited inside of us. Anything outside that, is not purpose.

Some people's purpose is more specific though, where they must be in a particular field. But then, this cannot be discovered without attention to Self-discovery. Your purpose is tied to you discovering yourself.

Self-Discovery: The Ultimate Key To Living Beyond Yourself

For you to be reading this, I believe you now understand what self-discovery is, and why it is important. I believe you also now understand that this is a task you have to do for yourself; this is why it is "self-discovery". That said, you can get assistance from a mentor, coach or resources that can help you discover yourself, like we are doing in this e-book.

Before we delve right into identifying and gaining clarity about who you are, you need to first clear your mind of beliefs that limits you as a being. These beliefs are stealthily rooted deep in our sub-consciousness that we do not realize that they are doing damages to us.

Top Ten Limiting Beliefs That Impede Our Greatness

1. I'm too old/young: This belief has limited so many, that it killed their dreams. There's no time frame in destiny. The best time to do anything worthwhile is now. So know right now that this is your time. You know Harland Sander? He started KFC at age 65. No one is too young or too old for greatness.

Age is nothing but number. I know this sounds like a cliché but it holds absolute truth. That you are 18 years does not mean you can't live your dreams successfully. That you are 40 years old does not guarantee you will succeed.

You just have to start and start now!

2. I can't afford it: Your purpose might require huge resources for its accomplishment. When you have the notion that you can't afford it, you kill your destiny before it even comes to life. The man who said he can and the one who said he can't are both right. It all depends on what you believe.

Your mind must be open to possibilities. Everything in the world is possible if you believe and pursue it.

- **3.** I'm not smart enough: Words have power. How far you will go in life depends on your words. When you say you are not smart enough then psychologically you stop growing. Your purpose requires you to be limitless. You do not have the luxury of shutting down your genie. How smart you will ever grow depends on your belief system.
- **4.** <u>I'm not educated enough</u>: Right now, more of the so called illiterates are becoming millionaires daily. What we mistake for education is schooling. I used to be very bookish. The only books I read were academics but when it struck me that my brilliance is becoming a curse. I had to change. My advice is Do not let schooling disturb your education.

The world does not need your certificate but your gifts, talent and knowledge. Your greatness is not tied to a certificate or formal education.

5. <u>I can't do that</u>: When did you define yourself? When did you know yourself so well that you know what you can and what you can't do? The world is ruled by those who gave themselves the chance to succeed.

You have no idea the strength and greatness that lies in you till you give yourself the chance to succeed. Venture into something you've never done before and see how fascinating you become a pro at it in little time.

6. <u>It's not possible</u>: The man who said it's not possible will watch another man do the impossible. You can't unearth your greatness if your mind isn't open to endless possibilities.

Every day, new inventions and opportunities are birthed. What was not possible yesterday has been done today due to our ever changing world and highly improved technologies.

- 7. <u>I've already tried everything</u>: My brother, my sister, how many things have you done in your stay here? Till you know who you are there's no resting.
- **8.** <u>I'm not good enough</u>: Who is the judge who ascertained that? If you believe this of yourself, there are chances you've been listening to the wrong people. These people are feeding you with crap. The best things you will ever hear about yourself are the things you pronounce into your life.

Even if you are not good enough, what are you doing to improve yourself? We do not know the ability that lies in us and how enormous they are. If you see yourself as a 3-year-old, you will act as a 3 years old.

- **9.** I don't feel that I really deserve it: If you don't the deserve happiness, joy and fulfilment that comes with self-discovery, what then do you deserve? Pains, lack and want? Hell no, you deserve the best because we are not here to be ordinary.
- **10.** I don't have the willpower: When you use the word "don't" in anything that you do, you subconsciously shut your brain and mind from possibilities. The statement itself will sap your energy at the speed of light. You have all the power and strength to do exploits.

Bonus: My family is not rich- Even if your family is not rich. Will folding your arms tight solve the problem? Your destiny requires you to be Limitless. Poor people define

richness through hard currency while achievers know that the best form of wealth is in your knowledge and wisdom.

Congratulations!

You have cleared these fogs impeding your vision. Now, our mind is open to discover our gifts, talents and purpose.

Unearth Your Talent, Purpose And Greatness!

There are countless ways to unearth the greatness that lies inside you. The strategy that works for me is asking myself deep soul-searching questions. It's these same questions that I will use to guide you to discover yourself and unearth your greatness.

Your ability to answer these questions objectively and sincerely determines how well you are going to carve out your greatness. Do get your writing materials to jot down your answers. Let's head right in!

Soul-Searching Self-Discovery Questions

1. What do you like/enjoy doing most?

Your ability to answer this question is a hint to what gives you happiness. Is it talking, cooking, comedy, singing, teaching? What are those things you love to do? What are those things you do effortlessly and perfectly? List them all out.

Here, we are drawing a picture. Your answers are dots on a blank page. A single dot does not make a picture but your collective dots hold the true picture of who you are.

2. What do others say of you?

Do your friends tell you that you know how to speak? Has anyone ever told you something they like about you? You may not be conscious of your gifts but others see them. Now, see yourself through the lens of others.

I was clueless about my gifts until 2016 when a friend told me, "You know, regardless of your own problems, you know how to help others in trying times. You have this ability to solve what seem like problems to me"

Then and there, it dawned on me that I love counselling. What is yours?

3. What gets you really excited?

What are those things that give you joy and excitement that you don't get unhappy doing them?

What gets you excited is an indication of where your happiness lies. Many people chance financial rewards when making life decisions instead of happiness. This explains why the world is depleting in joy and happiness.

4. What flows naturally out of you?

What sort of things do you just find yourself doing so often that it is no longer a job? Naturally, I don't like to cook. It is not my thing. But give me books and I can read forever.

I have a family member who can cook for Africa. He will cook countless times a day and he's always happy. What is it for you?

5. What do you do well better than others, effortlessly?

You know there are things you do with ease and some people need to go and learn it intensively first before they can do it? What do you excel at naturally?

A typical example is that thing you understand so well that you even teach others.

6. What makes you happy?

What gives you happiness? It may be tendering kids, it may be writing, it may be singing, etc. For me, I am happy when I see others achieving great success. What is it for you?

7. What did you do as a kid that gives you joy?

Some people are of the opinion that what we do as kids is child's play. I'm not here to say otherwise but here is the thing. When we were young, we didn't know what happiness was but we found ourselves doing things happily. What gave you joy as a kid is an indication of where your happiness lies as an adult. Our immature brain and knowledge inspire us to do some things. Our joy knows no bound when we follow the instinct of our immature brain.

Now as adults, our world is complicated. Lots of things are going through our mind. We no longer make decisions based on happiness but finances. If you really want to discover yourself, go back in history to your immature brain.

You Are Not Here To Be Ordinary!

You are not in this world to be ordinary. Your existence is not a mistake, you are here to fulfil at least one mission. You will uncover the mission(s) if you are able to answer the following questions in simple terms.

1. What annoys you the most in this world? What are those things that piss you off so badly? What annoys you is an indication of what you are meant to solve.

For me, I hate people dying with their potentials. I hate people coming to this world without using their talents and gifts. I hate businesses dying. I hate the fact that the ground is the highest deposit of talents. That is why I help people transit passion to profit.

- 2. What can you give 100% of your whole life? You see, your ability to unearth those things that you can give 100% of your life determines your level of fulfilment. What mission can you do from now till you die and not grow tired?
- 3. What are those things you wish to do regardless of finances? Assume money is not a problem, what will you be doing now? Lots of us make statement like "if I have enough money". Now, believe you have enough finance to back to your dreams, what will you do?
- **4.** What will you not leave this world without accomplishing? Does child abuse annoy you? Does broken marriage hurt you? Does lack of finance make you sad? Have you been in an abusive relationship before? What is that one thing you won't love to leave this world without accomplishing?

For me, I want to make sure I reduce the number of people who waste, overlook or under-utilise the talents and resources God gave them. What is yours?

- 5. What kind of dreams do you have? Do you dream of helping the down trodden. Do you dream of a world with educated children? It can be anything, what are your dreams?
- **6.** Who do you want to become in life? The greatest mistake anyone can make in the world is not knowing what you want to do with your life. Who do you seek to become? If you know these things, you discover the purpose of your existence.

"If you do not know yourself, you only exist. When you discover yourself, you start living.

Let's imagine all jobs or whatever work you do on earth will only give you a return of \$100. Regardless of the time you spend. Regardless of the numbers of years you study. Regardless of the things you go through on this work. What will you do on earth?

Think deep, this will guide you to know who you are and what work makes you happy.

I left science department because I do not see myself walking the hospital hall with white lab coat and stethoscope. I wanted to know about business. This is why I became an accountant. I wrote my final exams in the institute of chartered accountants of Nigeria not long ago; because I have realized that this is what I am born to do.

What will you do?

What experiences have you gathered on earth? What knowledge do you have that others need? What is the usefulness of a potential when it is not harnessed? What is the essence of the gifts God put in us, if we cannot use it to bless humanity?

We are not here for ourselves alone, we are here to serve. Look around, most of the billionaires of this world are servants. This is where living beyond yourself comes in. Discover yourself so that you can serve others and create wealth while doing so. Afterall, what is the usefulness of your gifts if you cannot profit from it?

There is nobody before you who is you, there will be nobody after you that will be you. The only you that will ever grace this earth is you! What history will you write about yourself?

Discover yourself, live your dreams and be awesome. We are not here to be ordinary!

Discover yourself so that you can serve others and create wealth while doing so.

- Oladipupo Osofowora

FAQs From The Webinar

Question: How can someone discover his/her talent?

Answer: You discover your talent by knowing or noticing what interests you. What is that thing you love doing or you see yourself doing the most? Answer the self-discovery questions above. Your talents lie in there. If you need personal help, we are here to help you on a 1-on-1 consultation. We will analyse your answers together and help you see the you in you.

Question: What if I find it difficult knowing the answers to these questions about self-discovery, what can I do?

Answer: There's no way you will not find the answers. You only need to look deep within and give birth to that baby in you. If after reading this, you aren't sure of what the picture on your mind is, we are here to help you on a 1-on-1 consultation. We will analyse your answers together and help you see the you in you.

One sure thing that will help you answer these questions is journaling. From tonight, make conscious efforts to write down the highlights of your day that is in line with these questions. What you enjoy doing? What pisses you off? Etc. Go at it consistently for a week or month. Look carefully at it and you'll begin to see some patterns.

Question: If you have something you want to do e.g. lecturing, but the opportunity hasn't come yet. What do you do? Also, if you are doing a job you don't like, but quitting is not a welcome option because of your financial responsibilities. How do one manage the situation?

Answer: For your first question, check your path. You can't get opportunities seated in the wrong position. Every right path will lead to a right point. When you are on the

right path and applying some of the rules on this platform, I am sure the opportunities will come. If opportunity refuses to come, you have got to create one for yourself.

Your second question, at some point that can happen. I heard a lot about that, when a person doesn't love the Job he/she is doing. The fact that you accepted that job was because most likely you didn't find your most preferred job or because the salary paid in the place you love is low compared to others. If you accepted the job because you can't find your most preferred job, you will need to at the moment create the love for the one you are in. (This awesome response was given by Oluwapelumy, a participant at the webinar)

Here's our own response to the question:

Sometimes, we have to keep a job not necessarily because we enjoy it but because it foots the bills. To answer your questions, while waiting for your dream job to come true, by all means don't be idle. So now, you want to be a lecturer but that opportunity hasn't come yet. What you can do is:

a. Start gathering and putting your lecturing materials bit by bit. That way, you are prepping your mind for the opportunity and more importantly you are doing what you love doing.

b. Find an audience, no matter how small the size of the audience. And begin to teach that audience, be it one or more students. For free or as a paid service.

One tip though, don't focus on the money. It could make you lose potential opportunities. One way to know what you enjoy doing is, it's something you can do happily without pay.

I've been in a similar situation before. And while I was on my job that I didn't love, I was still one of the best staff from my company. What I do is pray to God for Grace to enjoy my job and give it my best. Even if it's something I don't enjoy. And then I also pray for God to send me opportunities in line with my passion as I grow my capacity in that line and position rightly for them. I didn't resign my job until I had a definite new

job to move on to. Like you, I have financial responsibilities, so I can't just quit and go and sit down at home.

Also, if opportunities are not coming, you can create one. This is your life and your happiness. You won't stop till you get your hands on the prize. What you need right now is a mindset shift. Everything starts from having the right mindset or a mindset shift as the case may be. Our mindsets controls our actions and influences our results.

See your stay in that job as temporary. Envision yourself in where you want to be and work towards achieving it. If you want to lecture you can further your education while on your current job.

Question: You've discovered your purpose and talent. How can you earn a living with it without looking or sounding desperate?

Answer: There are lots of ways that you can monetize your purpose and talents. The focus of this webinar/e-book was its discovery. However, in the Facebook group, we will walk you through identifying your customers and earning fully from your talents.

One thing you can start now though is to stop focusing first on the money. Focus first on the value and satisfaction your potential clients will get from your talent/purpose. Thanks to the social media, we can share our gifts with others without it costing us much. So start with using your social media timelines to give people value in line with your talent and purpose.

That way, you are creating awareness of what you are about and what you can offer without sounding desperate. Be very intentional with what you put out there on the social media because you never know who is watching.

I pray this e-book challenges us all to undergo this important journey of Self-discovery and as well, begin to align our positioning with who we are deep inside. Because truth is, opportunities abound!

Final Words

We cannot exhaust all about **SELF-DISCOVERY** in this e-book because self-discovery is neither instantaneous or a one-day thing; it is a journey. And we love you too much to leave you hanging just like that. So to assist you on this journey, we have created a support community for you – a closed Facebook group and blog to help you transform your talents to a profitable business. The links are as follows:

Facebook group - World of Achievers Community

Blog - worldofachievers.com

In this blog and Facebook group, we will help and equip you to transform your talents, skills, knowledge and experience to a profitable business.

Click on the links to join us and other influential thought leaders to rub minds in this journey.

Also, you can connect with us across various social media platforms



Facebook: Osofowora Oladipupo || ChinyereDistinguished Anoke

Twitter: @Ola_osofowora || @CDistinguished

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